

Catalogue

*Los Angeles Commission
on Assaults Against Women*

Sexual Assault

Teen Dating Violence

Rape Prevention

This Is Not An Invitation To Rape Me

Domestic Violence

Sexual Harassment

CURRICULA

VIDEOS

TRAINING

TOOLS

POSTERS

BOOKS

1999 Catalogue of Materials

*new posters! new books!
new trainings!*

Los Angeles Commission on Assaults Against Women

Violence is preventable.

If we can learn it,

we can unlearn it.

Violence is not healthy

for people and

other living things.

If we can see it,

we can stop it.

Silence is violence.

If we can talk about it, we

can change it.

LOS ANGELES COMMISSION ON

LACAAW

ASSAULTS AGAINST WOMEN

(213) 955-9090

LACAAW is a non-profit, multi-cultural, feminist, community-based volunteer organization. Our goal is the elimination of violence against women and children and working toward social change, equality and social justice.

We have adopted several approaches in our work: education, prevention and intervention. Our prevention and intervention programs have had widespread impact, including our nationally recognized self-defense training program and the *In Touch With Teens* relationship violence prevention curriculum. These programs reach underserved and high-risk women, teens and children, those who are Deaf, homeless, elderly, physically or developmentally disabled, and recent immigrants. We believe that no one need face the crisis of personal violence alone and that sexual and domestic violence *is* preventable.

Contact Information

We've Moved—please note our new address!

Los Angeles Commission on Assaults Against Women
Metro Headquarters
605 West Olympic Boulevard, Suite 400
Los Angeles, California 90015

(213) 955-9090 Office

(213) 955-9093 Fax

(213) 955-9095 TDD

visit our web site at

www.lacaaw.org

NEW!! Carry your message of violence prevention wherever you go! This bookmark (seen here actual size and color) is now available in packets of 25.

#BKMK \$5.00

In Touch With Teens:

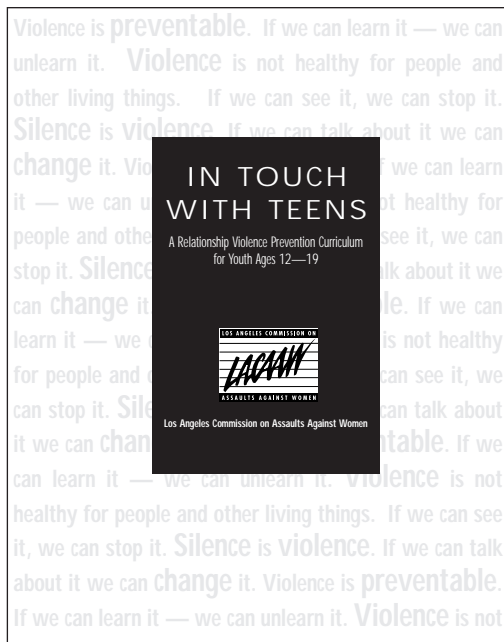
A Relationship Violence Prevention Curriculum for Youth Ages 12-19

*selected as a model program by the
US Department of Health & Human Services*

An innovative curriculum which teaches youth how to build violence-free relationships. The curriculum's unique design allows it to be implemented as modular units which stand on their own, or in succession as a series.

In Touch With Teens can be used by anyone working with youth. It has been easily adapted into health, English & physical education classes in schools, but has also been presented to teen groups at churches, synagogues, juvenile halls and pregnant and parenting teen groups.

NEW!! Each curriculum ships with our custom Evaluation Tool to assess the effectiveness of a program using *In Touch With Teens*.



the 8 Units of the curriculum cover...

- Roots of Violence: Global & Local
- More Roots of Violence: Power & Control
- Relationship Violence
- Cycle of Violence
- Sexual Harassment
- Sexual Assault & Coercive Control
- Media Impact on Gender & Violence
- Building Blocks of a Good Relationship

**See page 18
for information
on our
Teen Abuse
Prevention
Trainings!**

All handouts are provided in English and Spanish.

*#ITWT \$30.00**
10% Discount on orders of 20 or more

** fixed price, subject to CA sales tax*

In Touch With Teens

Story-Poem Poster Series



EDDIE'S GOT A FAST CAR.
AND HE DRIVES ME TO SCHOOL.
MY FRIENDS THINK HE'S COOL.
AND THEY WISH THEY WERE ME.
BUT THEY DON'T SEE WHEN HE HITS ME.
OR SCREAMS AND CALLS ME NAMES.
EDDIE'S GOT A FAST CAR.
TODAY HE PICKED ME UP FOR SCHOOL.
AND WE HAD ANOTHER FIGHT.
AND HE PUSHED MY FACE INTO THE DASH.
AND I'M CONFUSED AND I'M SCARED.
BECAUSE TOMORROW MORNING I'LL WAKE UP.
AND I'LL LOOK OUT MY WINDOW.
AND HE'LL BE SITTING THERE.
AND I'LL HAVE TO GET IN.
EDDIE'S GOT A FAST CAR.

Central to facilitating discussion in the *In Touch With Teens* curriculum, this and four other powerful poems are also available in a set of 18" x 24" posters.

#ITWT-P \$25.00* per set

* fixed price, subject to CA sales tax

OFF LIMITS

A Sexual Harassment Prevention Training Manual

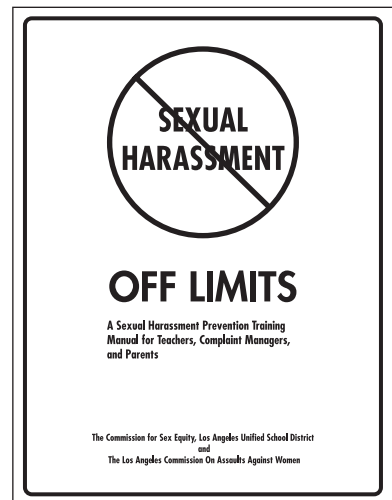
A comprehensive curriculum which seeks to create sexual harassment-free zones in schools and communities. *OFF LIMITS* focuses primarily on peer-to-peer harassment among youth ages 12-19 but is designed to be inclusive of all groups which impact the prevention of sexual harassment, including teachers, parents, facilitators, students and complaint managers. Inclusion of teens and adults in the total environment allows all to come on board and participate in creating healthier and safer campuses.

When sexual harassment prevention is taught to students in the classroom environment, benefits continue to be reaped in the workplace. Addressing harassment issues early in life plants the seeds for mutual respect and positive gender interactions between students.

This curriculum was co-developed with the Commission for Gender Equity, Los Angeles Unified School District.

**NEW!!
Trainings
available!**

See page 19



All handouts are provided in English and Spanish.

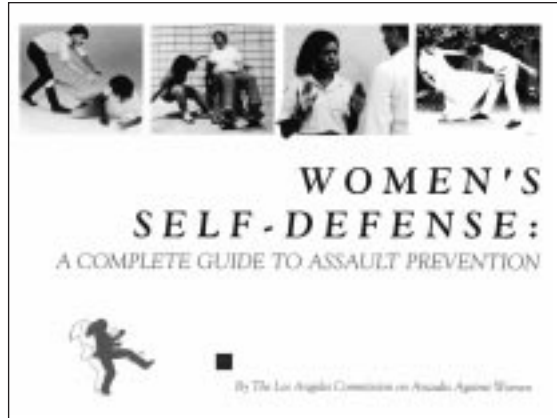
*#OL\$20.00**
10% Discount on orders of 20 or more

** fixed price, subject to CA sales tax*

Women's Self-Defense

A Complete Guide to Assault Prevention

A comprehensive workbook containing text, photographs and exercises. It is not intended to take the place of a self-defense workshop, but is a way to take a workshop home—to deepen understanding and to sharpen skills. This is a hands-on, useful book.



We offer it to you as the fruit of our experience in the self-defense movement, and we hope that it will be a useful and supportive ally in your life.

Included in the book:

- Physical Self-defense Skills
- Assertiveness Exercises
- What To Do...
 - Walking to your car*
 - On the street*
 - On public transportation*
 - Home safety*
 - At work*
- How to Carry Yourself/Awareness
- How to Commit to Defending Yourself
- Handling Emotions
- If You Are a Survivor

#WSD\$20.00

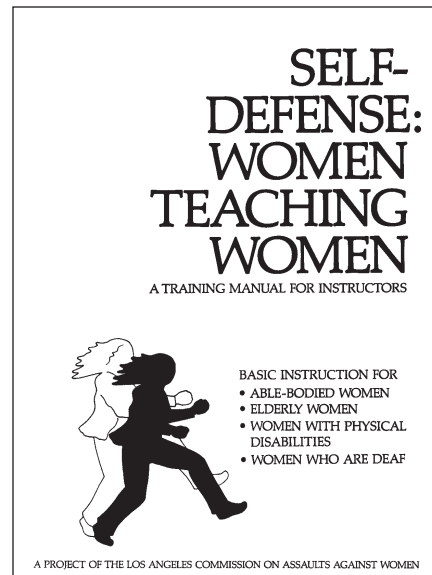
Self-Defense: Women Teaching Women

a Training Manual for Instructors

2-hour videotape and manual package providing basic information and material for the training of self-defense instructors or agencies which wish to start their own self-defense/prevention programs. The materials include information on basic instruction as well as modules on teaching women who are elderly, Deaf or physically disabled.

This training package contains everything an instructor needs to know to teach self-defense to women and girls.

Captioned videos are available.



#WTW (Manual & Video)\$100.00

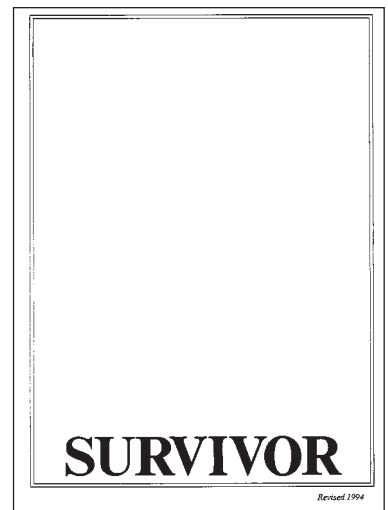
#WTW-M (Manual Only)\$35.00

Experience it! See page 19

Women **W**arrior **W**eekend
Los Angeles Commission on Assaults Against Women

Survivor

Designed to assist survivors of rape and sexual assault, *Survivor* explains the details about your legal and medical rights, debunks common myths and misconceptions, and goes over specific concerns for teenage, male, lesbian, senior, disabled and other survivors.



#SR\$5.00

Large-Type Version

#SR-LR\$5.00

Survivor translated and prepared for Spanish-speaking survivors.

#SR-SP\$5.00

Limited quantities in other languages. Please call for current availability.

Special Edition Survivor

*For People with Developmental Disabilities
Who Have Been Sexually Assaulted*

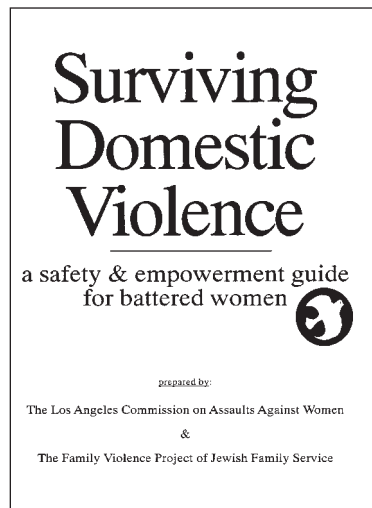
This booklet provides the information in *Survivor* for those with at least a 4th grade reading level. Pictures illustrate different concepts needed to work with this population.

#SRV-SE\$5.00

Surviving Domestic Violence

A Safety & Empowerment Guide for Battered Women

This is a guide for women who are in abusive relationships and want the abuse to stop. This booklet is intended to be a guide to making that first step toward safety. Like its counterpart, *Survivor, Surviving Domestic Violence* is an indispensable tool for anyone working with partner violence to pass on to survivors.



#SRDV\$5.00

Spanish version.

#SRDV-SP\$5.00

Student Information Packets

NEW!! Writing a paper? Doing research? These informative packets contain the latest information about rape, sexual assault, domestic violence and teen relationship violence.

The Packets Include...

- *Survivor or Surviving Domestic Violence* booklet (see p. 8-9 for more info)
- Articles and Research—marital rape, male rape, multi-cultural issues, AIDS/HIV, Deaf and disabled issues, gay & lesbian and more!
- Statistical Information for Los Angeles, California and Nationwide
- Myths and Realities
- Information on Women & Children's Self-Defense classes
- Bibliography of Related Books

Research Packet: Domestic Violence

#ST-DV\$15.00

Research Packet: Rape and Sexual Assault

#ST-SA\$15.00

Research Packet: Teen Relationship Violence

#ST-TN\$15.00

this is not an invitation to rape me.

The message of this anti-rape campaign is that there is never an invitation to rape.

rape.

just because
she was afraid to
kick scream bite
fight cry scratch
doesn't mean
she wasn't

raped.

This Is Not An Invitation To Rape Me is an innovative and provocative multi-media (television, radio & print) rape-prevention education campaign. Included in the campaign is a series of 15 different thought-provoking stickers directly challenging attitudes and behavior that continue to allow rape to exist.

Available either in a package of two complete sets of 15 stickers (Red text on black background, actual size 4" x 4"), or—**NEW!!**—in a single 18" x 24" color poster.

#INV-S (stickers)\$20.00/set
#INV-SP (poster)\$10.00 ea

NEW ITEM!!

Rape Prevention Action Kit

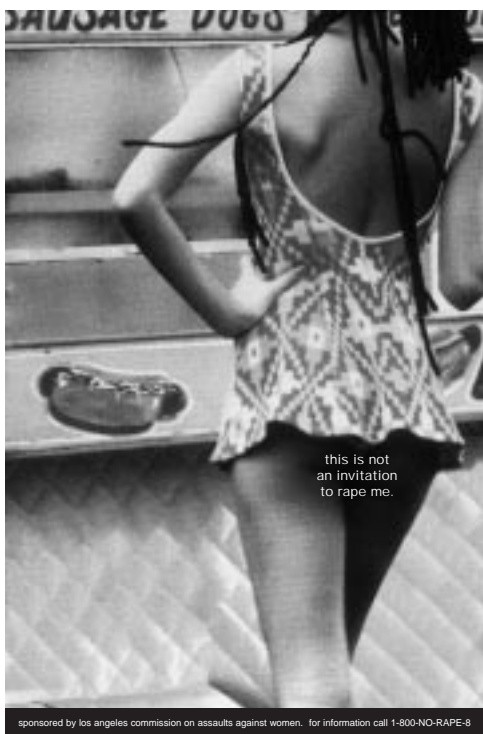
Complementing the *This Is Not An Invitation To Rape Me* multi-media campaign, LACAAW has developed an action kit as a guide for people to help stop rape.

The Kit Includes...

- Sample of stickers
- Guide to community action strategy
- Self-Defense bookmark
- Postcard for a friend
- Commitment to Ending Sexual Violence Survey
- 15 Ways You Can Begin To Stop Rape Today
- Misconceptions and Realities About Rape
- Definitions of Sexual Assault & Rape



#RPAK\$5.00 ea



Each poster uses the tagline, "this is not an invitation to rape me." Footer reads "sponsored by los angeles commission on assaults against women. for more information about rape prevention call 213-462-8418."

Red text on b&w photo. Actual size 24" x 36".

#INV-P1 (Short Dress)\$10.00

#INV-P1S (11" x 17" version)\$5.00

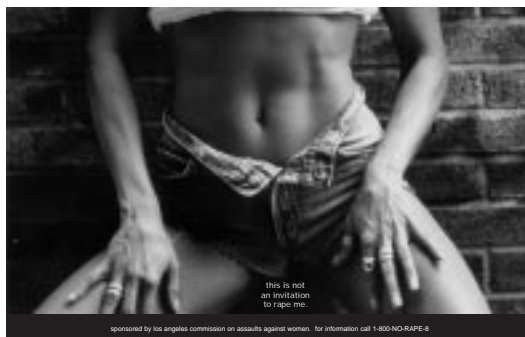
#INV-P2 (Kiss)\$10.00

#INV-P2S (11" x 17" version)\$5.00

.....➔
The campaign continues with a series of posters designed to incite conversation and confront myths and misconceptions about rape.

...in addition to the two posters on the previous page, a complete set of the *This Is Not An Invitation To Rape Me* posters includes these powerful images:

individual small posters are \$5.00 each, please refer to item numbers below





INV-P7



INV-P8



INV-P9



INV-



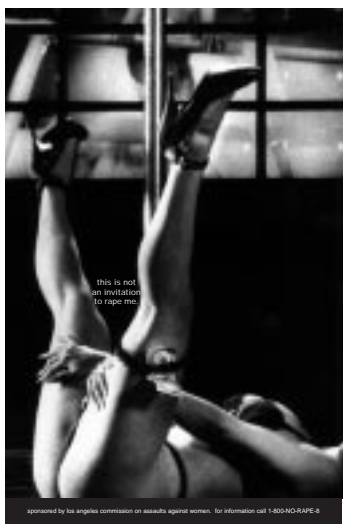
INV-



INV-
→



INV-
←



INV-P14
←

all posters are 11" x 17" black & white photos with red text.

Complete Set of 14 Posters
#INV-SET\$70.00

Postcards

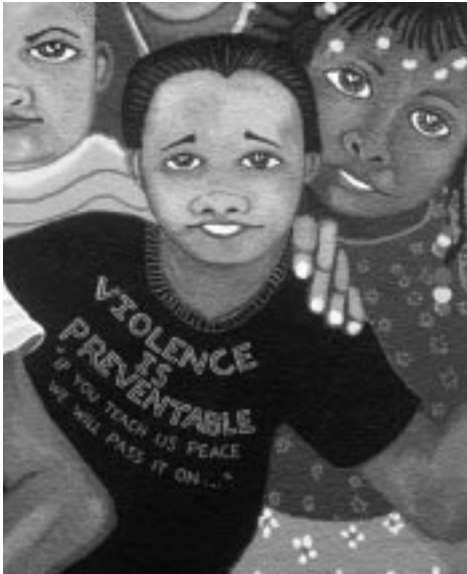
from the campaign, "this is not an invitation to rape me."

NEW!! Each packet contains one complete set of the 14 campaign posters on 4.25" x 6" postcards.

#INV-PC\$7.00 per packet

NEW ITEM!!

If You Teach Us Peace We Will Pass It On...



NEW!! 18" x 24" FULL COLOR poster. Mural created by artist Manny Velazquez and painted by the children of Noble Children's Center, North Hills, California.

#NOBL\$10.00 ea

NEW ITEM!!

Hey Bud, Quit Using Our Cans to Sell Yours

33" x 15" b&w poster.

HEY BUD, QUIT USING OUR CANS TO SELL YOURS.

CONSUMERS TO STOP SEXIST ALCOHOL ADVERTISING



#BUD\$10.00 ea

The Number One Cause of Injury to Women in the Home

11" x 14" b&w poster. Footer reads: "Call Your Local Domestic Violence Center" with space provided for you to print your agency's name and telephone number.



Call Your Local Domestic Violence Center

#NMBR\$5.00 ea

He'll Never Do It Again

11" x 14" b&w posters. Footer reads: "Call Your Local Domestic Violence Center" with space provided for you to print your agency's name and telephone number.






- #NVR1\$5.00 ea
- #NVR2\$5.00 ea
- #NVR3\$5.00 ea

The Cycle of Violence

All three "He'll Never Do It Again" images on one large 19" x 25" poster.

THE CYCLE OF VIOLENCE

FIND OUT MORE ABOUT DOMESTIC VIOLENCE.

Call Your Local Domestic Violence Shelter or Coalition.

L.A. Commission on Assaults Against Women • (213) 626-3393 • (310) 392-8381

- #CYCL\$10.00 ea

Trainings and Seminars

LACAAW's expert facilitator trainers are available to provide custom trainings for professionals on a wide variety of subjects. The trainings highlighted here are just a sample of what we offer.

For more information, please contact the Metro Headquarters at (213) 955-9090. Most trainings require at least a two-month advance notice to schedule. Training costs are varied and can be obtained by contacting the Metro Headquarters.

In Touch With Teens Teen Abuse Prevention



This intensive two-day training is designed to provide you with core information to help you implement and evaluate a teen violence prevention program in your community.

Topics include:

- understand the dynamics of violent teen relationships;
- learn methods and techniques needed to teach dating violence prevention and healthy relationships;
- identify and understand the intersections of teen dating violence and other issues;
- implement this material into your program, agency, school and community;
- implement an evaluation tool to determine the effectiveness of the program.

This training is 16 hours long and includes a free copy of *In Touch With Teens* (see p. 3) for each participant.

Off-Limits: Sexual Harassment Prevention Training

Focusing on the middle and high school environments, **OFF LIMITS** seeks to create sexual harassment-free zones in schools and communities.

Topics include:

- “What is sexual harassment?”;
- the difference between flirting and sexual harassment;
- why people harass;
- formal and informal resolution strategies and resources;

An adult training includes information on defining sexual harassment and specific behaviors, formal and informal resolutions in the workplace for sexual harassment resources and prevention.

This training includes a free copy of *OFF-LIMITS* (see p. 5) for each participant.

In-Power Women’s Self-Defense Training



A pioneer in women and children’s self-defense and safety, **LACAAW** offers a variety of self-defense programs and trainings for diverse populations, including the Deaf, disabled and elderly.

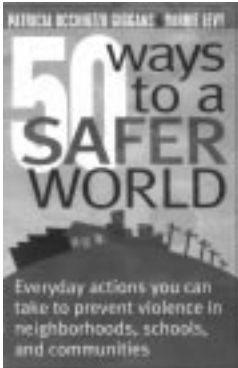
The following trainings are available, and public classes are scheduled throughout the year:

- Personal Security Awareness Training (PSAT) for offices and companies
- Kids’ Self-Defense and Safety, for children age 5 and up
- Beginning, Intermediate and Advanced Women’s/Girls’ Self-Defense Classes
- Conflict Resolution
- Instructor training available on a contract basis. Contact LACAAW for more information

50 Ways to a Safer World:

Everyday actions you can take to prevent violence in neighborhoods, schools, and communities.

by Patricia Occhiuzzo Giggans and Barrie Levy, Seal Press



Are you concerned about violence, but wonder how one person can do anything about it? Do you want to make your home or neighborhood safer, but don't know where to start?

This book provides answers, ideas and inspiration—all the tools you need to make a difference in your community. In it are dozens of suggestions for simple, effective actions that you—together with friends, family and neighbors—can take to prevent violence and create a safer environment.

#50WAYS \$10.00 ea*

** fixed price, subject to CA sales tax*

Mama, listen!

Raising a Child without Violence:

A Handbook for Teen Parents

by Ruth Beaglehole



NEW!! *Mama, listen!* is a guide for young parents written from a toddler's point of view. In clear, easy-to-understand language, the book covers such issues as self-esteem, fears, toilet training, eating, values, discipline, sex, learning and cultural identity with a consistent theme of non-violence.

The toddler narrator makes clear its own needs for dealing with the small and large challenges of toddler life, and the profound effect of loving, supportive, nonviolent parenting.

#LISTEN \$25.00 ea*

** fixed price, subject to CA sales tax*

What Parents Need to Know About Dating Violence

by **Barrie Levy and Patricia Occhiuzzo Giggans, Seal Press**

This is a book for parents who are concerned about teenagers in dating relationships—a problem which affects as many as one out of four high-school and college-age youth. It is also useful to adults



working with youth and their families. Drawing on the real-life experiences of parents and teens as well as their own professional experience, the authors provide up-to-date information and guidance about a very difficult problem. An essential resource for parents and others who care about teens.

#PARENTS \$12.95* ea

* fixed price, subject to CA sales tax

In Love and In Danger: a Teen's Guide to Breaking Free of Abusive Relationships

by **Barrie Levy, Seal Press** — *new edition*



Today millions of young people are struggling with a problem that has been ignored and overlooked: violence in their dating relationships. This book is written specifically for teens as an indispensable guide to fostering healthy, non-violent relationships.

#INLV \$8.95* ea

* fixed price, subject to CA sales tax

Dating Violence: Young Women in Danger

by **Barrie Levy, Seal Press** — *new edition*



This landmark book focuses on the plight of teenage women, who are particularly vulnerable to relationship violence. Both a call for action and a tool for change, *Dating Violence* is an incredible resource for all adults and professionals.

#DATV \$16.95* ea

* fixed price, subject to CA sales tax

Ordering Information

If you have any questions, please call (213) 955-9090 for assistance or to receive a quoted price. We are open Monday through Friday, 9:00am to 5:00pm Pacific Time. All orders must be payable in US currency. We accept checks, Visa, Mastercard and Purchase Orders. TDD assistance is available through (213) 955-9095.

Fax your completed order form to us any time at (213) 955-9093. Please be sure to include a telephone number in case we have any questions. Only credit card and purchase orders may be faxed.

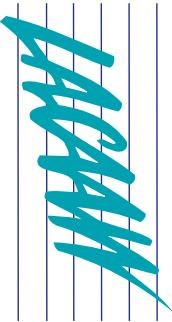
Orders are normally shipped by US Postal Service First Class. If you require a rush order or would prefer another shipping method, please call to make arrangements before the order is placed. An additional charge may apply. Non-rush orders are usually shipped 10-15 days after receipt of the order.

If your address is incorrect, please send duplicate or corrected mailing labels and we will update our files.

Shipping Information

Please use the chart below to figure your shipping and handling charges. If you would like assistance, please call before you place an order.

Shipping & Handling to Continental United States	
<i>Amount of Order</i>	<i>Cost</i>
up to \$35.00	\$5.00
\$35.01 - \$50.00	\$8.00
\$50.01 - \$65.00	\$12.00
\$65.01 - \$80.00	\$15.00
\$80.01 - \$95.00	\$18.00
over \$95.01	10% of order total



Los Angeles Commission on Assaults Against Women
605 West Olympic Boulevard, Suite 400
Los Angeles, California 90015



NEW!! this full-color poster now available!
See Page 16

Catalogue of Prevention Materials